

SUSPECTED OPIOID OVERDOSE GIVE NARCAN AND CALL 911 NOW

How to Give NARCAN® 4 mg Nasal Spray

ACT IF THE PERSON: will not wake up • has slow, shallow, or no breathing • has blue/gray lips or fingertips

1

CHECK + LAY Shout their name and firmly tap a shoulder. Lay the person on their back and tilt the head up.

2

SPRAY Peel open the package. Hold the device with your thumb on the plunger and two fingers beside the nozzle. Insert the nozzle into either nostril until your fingers touch the nose; press the plunger firmly.

Do not prime or test. One device = one dose.

3

CALL 911 Call 911 immediately after the first dose, or activate the facility emergency response. Put the phone on speaker and stay with the person.

4

SUPPORT BREATHING Give rescue breaths or CPR and use an AED according to your training and facility protocol. If breathing returns, place the person on their side with the airway open.

5

REPEAT IN 2–3 MINUTES If there is no response—or breathing slows again—give a NEW device in the other nostril. Continue every 2–3 minutes until emergency help arrives.

STAY WITH THE PERSON. Naloxone can wear off before the opioid. Breathing may slow again.

PRODUCT + FACILITY CHECK: This poster applies to NARCAN® (naloxone HCl) 4 mg single-dose nasal spray. Confirm it matches the device stocked here. Follow facility policy, medication orders, and the product label.

Sources reviewed September 2026: [NARCAN Instructions for Use](#) • [FDA naloxone guidance](#) • [CDC Lifesaving Naloxone](#)